

SUMMARY OF BENEFITS

Your CIGNA HealthCare Open Access Plus plan



CIGNA HealthCare

Features that Add Value

- The **convenience of referral-free access to physicians**, and...
- The option to select a **personal Primary Care Physician (PCP)** as your source for routine care and guidance when you need specialized care. As your needs change, so may your choice of doctors. That's why you can change your PCP for any reason.
- The CIGNA HealthCare 24-Hour Health Information LineSM connects you to **registered nurses** and a **library** of hundreds of recorded programs on important health topics 24 hours a day, seven days a week, from anywhere in the U.S.
- **CIGNA Healthy Rewards®** includes special offers on health and wellness programs and services often not covered by traditional benefits plans. Just call 1.800.870.3470 or visit our web site at www.cigna.com.
- Prescription drug coverage is a **part of your plan**. More than 50,000 pharmacies participate nationwide, so you can have your prescription filled **wherever you go**. Mail-order service means quick, **convenient** delivery of your medications right to your home.

Quality Service Is Part of Quality Care

- **Service** is at the heart of everything we do. Our goal is to give you: fast, accurate answers; responsive, courteous and professional assistance; and ease and convenience in finding the information you need to manage your health.
- **www.cigna.com** – Visit our **interactive Web site** to learn more about your plan and get health information, 24 hours a day.
- **We Speak Many LanguagesSM**. We offer Language Line Services so that you can **talk with us** in 150 different languages. Just call Customer Service, and ask for an interpreter to assist you.
- Our interactive voice response system helps you find what you need faster over the phone. Use the speech recognition feature for information on your benefits, level of coverage, claims status, and more.

It's Your Health

When you choose CIGNA HealthCare, you can take advantage of our **health and wellness** programs

- We encourage you to use a PCP as a valuable resource and personal health advocate.
- **Preventive care services** for your children through age 2 and any additional preventive care benefits described in the Benefit Highlights.
- **CIGNA Well Informed** provides members with customized medical and wellness information to help them make healthier choices, better understand a diagnosis or treatment, and manage their health. The program includes personalized letters and other educational information to help you improve your health. Only you, your doctor and CIGNA have access to this information.
- CIGNA Well-Aware for Better HealthSM can **help you manage** certain chronic conditions.
- The CIGNA HealthCare Healthy Babies® program provides you with information to help you have a **healthy pregnancy and a healthy baby**.

You Can Depend on CIGNA HealthCare

- **Quality comes first**. We select “preferred providers” carefully. And we make sure you have a **wide range** of doctors to choose from.
- **Emergency and urgent care are covered** wherever you go, worldwide, **24 hours a day**. Urgent care centers can take care of your urgent care needs, and your cost is lower.

It's Your Choice

- When you visit network providers, you get access to quality care at the lowest out-of-pocket costs. Your plan also offers the **freedom to choose** the providers you prefer — even if they aren't part of the network. Your benefits are higher when you see “preferred providers”, but you're still covered for visits to other providers. Participating providers charge a discounted rate for CIGNA members. If you use a non-network provider, the provider may bill you for the difference between the billed charge and the allowed amount under your benefit plan, in addition to applicable (higher than in-network) deductibles and coinsurance amounts.

For Employees of VACE - \$2,450 Plan

OAP - VT

| BENEFIT HIGHLIGHTS | IN-NETWORK | OUT-OF-NETWORK |
|---|--|---|
| Calendar Year Combined Medical and CIGNA Pharmacy Deductible | | |
| <i>Individual</i> | \$2,450 | \$5,000 |
| <i>Family Maximum</i> | \$4,900 | \$10,000 |
| Calendar Year Combined Medical and CIGNA Pharmacy Out-of-Pocket Maximum | | |
| <i>Individual</i> | Includes Plan Deductible \$3,450 | Includes Plan Deductible \$5,000 |
| <i>Family Maximum</i> | \$6,900 | \$10,000 |
| Coinsurance | CIGNA HealthCare pays 100% of eligible charges. You pay 0% of charges after plan deductible. | CIGNA HealthCare pays 100% of eligible charges. You pay 0% of charges after plan deductible. |
| Precertification -Inpatient – PHS+ (required for all inpatient admissions) | Coordinated by your physician | Participant must obtain approval for inpatient admission; subject to penalty/reduction or denial for non-compliance |
| Precertification – Outpatient – PHS+ (required for selected outpatient procedures and diagnostic testing or outpatient services) | Coordinated by your physician | Participant must obtain approval for selected outpatient procedures and diagnostic testing; subject to penalty/reduction or denial for non-compliance |
| Lifetime Maximum (combined Medical and CIGNA Pharmacy) | Unlimited | \$1,000,000# |
| <i>Note: The plan's lifetime maximum will also be combined for medical and pharmacy.</i> | | |
| Pre-existing Condition Limitation | Yes | Yes |
| Physician Services | | |
| Primary Care Physician (PCP) Office Visit | No charge* per office visit | No charge after plan deductible** |
| Specialty Physician Office Visit <i>Consultant and Referral Physician Services</i> | No charge* per office visit | No charge after plan deductible** |
| <i>Allergy Treatment/Injections - PCP or Specialty Physician</i> | No charge* | No charge after plan deductible** |
| <i>Allergy Serum (dispensed by physician in office)</i> | No charge* | No charge after plan deductible** |
| <i>Second Opinion Consultations (provided on voluntary basis)</i> | No charge* | No charge after plan deductible** |
| <i>Surgery Performed in the Physician's Office- PCP or Specialty Physician</i> | No charge* | No charge after plan deductible** |
| Preventive Care | | |
| <i>Routine Preventive Care for Children through age 2 (including routine immunizations)</i> | No charge, no plan deductible | Covered in-network only |
| <i>Immunizations</i> | No charge, no plan deductible | Covered in-network only |
| <i>Routine Preventive Care for Children and Adults from age 3 (including routine immunizations)</i> | No charge, no plan deductible | Covered in-network only |
| <i>Unlimited maximum per calendar year</i> | | |
| <i>Immunizations</i> | No charge, no plan deductible | Covered in-network only |
| Mammograms, PSA, Pap Test | | |
| <i>Note: Preventive care related services and diagnostic related services are paid at the same level of benefits as other x-ray and lab services based on place of service.</i> | No charge if billed by independent diagnostic facility or outpatient hospital | No charge after plan deductible** |
| | No charge* for associated wellness exam | |
| Inpatient Hospital Services including: <i>Semi-Private Room and Board</i> <i>Diagnostic/Therapeutic Lab and X-ray</i> <i>Drugs and Medication</i> <i>Operating and Recovery Room</i> <i>Radiation Therapy and Chemotherapy</i> <i>Anesthesia and Inhalation Therapy</i> <i>MRIs, MRAs, CAT Scans, PET Scans, etc.</i> | No charge* | No charge after plan deductible* Precertification required |
| Inpatient Hospital Doctor's Visits/Consultations | | |
| <i>Inpatient Hospital Professional Services</i> | No charge* | No charge after plan deductible** |
| | No charge* | No charge after plan deductible** |

| BENEFIT HIGHLIGHTS | IN-NETWORK | OUT-OF-NETWORK |
|---|--|---|
| Inpatient Services at Other Health Care Facilities Skilled Nursing, Rehabilitation and Sub-Acute Facilities 60 days maximum per calendar year# combined for all facilities listed | No charge* | No charge after plan deductible** |
| Home Health Services - Includes outpatient private duty nursing when approved as medically necessary, 40 days maximum per calendar year# | No charge* | No charge after plan deductible** |
| Family Planning Services <i>Office Visits (lab & radiology tests, counseling)</i> <i>Vasectomy/Tubal Ligation (excludes reversals)</i> <i>Inpatient Facility</i> <i>Outpatient Facility Services</i> <i>Physician's Services – Inpatient or Outpatient</i> <i>Physician's Office</i> | No charge* No charge* No charge* No charge* No charge* | No charge after plan deductible** No charge after plan deductible* Precertification required No charge after plan deductible** No charge after plan deductible** No charge after plan deductible** |
| Infertility Services <i>Office Visit (lab & radiology tests, counseling) – PCP or Specialty Physician</i> <i>Treatment/Surgery (excludes artificial insemination, in-vitro fertilization, GIFT, ZIFT, etc.)</i> <i>Inpatient Facility</i> <i>Outpatient Facility Services</i> <i>Physician's Services – Inpatient or Outpatient</i> | No charge* No charge* No charge* No charge* | Covered in-network only Covered in-network only Covered in-network only Covered in-network only |
| Clinically Severe Obesity/Bariatric Surgery <i>Physician's Office</i> <i>Inpatient Facility</i> <i>Outpatient Facility</i> <i>Physician's Services – Inpatient or Outpatient</i> | No charge* No charge* No charge* No charge* | No charge after plan deductible** No charge after plan deductible* Precertification required No charge after plan deductible** No charge after plan deductible** |
| TMJ – Surgical and Non-surgical: case-by-case basis. Subject to medical necessity, including appliances & orthodontic treatment. <i>Physician's Office</i> <i>Inpatient Facility</i> <i>Outpatient Facility Services</i> <i>Physician's Services – Inpatient or Outpatient</i> | No charge* No charge* No charge* No charge* | No charge after plan deductible** No charge after plan deductible* Precertification required No charge after plan deductible** No charge after plan deductible** |

Footnotes

- * *Services are subject to calendar year deductible.*
- ** *Out-of-network services are subject to the calendar year deductible and maximum reimbursable charge limitations. Providers may bill the member the difference between their billed charge and the maximum reimbursable charge as determined by the benefit plan.*
- # *In-network and out-of-network services apply to the same treatment or dollar maximum.*

Regarding In-Network and Out-of-Network Services:

- *Once the plan's out-of-pocket maximum is reached, the plan pays 100% of eligible charges for the remainder of the plan year.*
- *Coverage for pre-existing conditions will not be covered under this plan unless continuously insured for one year.*

Regarding In-Network Services:

- *All services must be provided by one of the participating providers on our list in order to be covered.*

Regarding Out-of-Network Services:

- *Your out-of-pocket costs will be higher than with a participating provider.*
- *All out-of-network hospital admissions and certain outpatient surgical and diagnostic procedures must be precertified and are subject to Continued Stay Review (CSR). A penalty applies to admissions which are not precertified. Non-approved admissions/days result in denial of benefits. The precertification penalty or cost of denied benefits does not apply to deductible or out-of-pocket maximum.*

Case Management

Coordinated by CIGNA HealthCare. This is a service designed to provide assistance to a patient who is at risk of developing medical complexities or for whom a health incident has precipitated a need for rehabilitation or additional health care support. The program strives to attain a balance between quality and cost effective care while maximizing the patient's quality of life.

Benefit Exclusions

These are examples of the exclusions in your plan. The complete list of exclusions is provided in your Certificate or Summary Plan Description. To the extent there may be differences, the terms of the Certificate or Summary Plan Description control.

1. Any service or supply not described as covered in the Covered Expenses section of the plan.
2. Any medical service or device that is not medically necessary.
3. Treatment of an illness or injury which is due to war or care for military service disabilities treatable through governmental services.
4. Any services and supplies for or in connection with experimental, investigational or unproven services.
5. Dental treatment of the teeth, gums or structures directly supporting the teeth, however, charges made for services or supplies provided for or in connection with an accidental injury to sound natural teeth are covered provided a continuous course of dental treatment is started within 6 months of the accident.
6. Medical and surgical services, initial and repeat, intended for the treatment or control of obesity, other than clinically severe obesity, including: medical and surgical services to alter appearances or physical changes that are the result of any surgery performed for the management of obesity or clinically severe obesity; and weight loss programs or treatments, whether prescribed or recommended by a physician or under medical supervision.
7. Unless otherwise covered as a basic benefit, reports, evaluations, physical examinations, or hospitalization not required for health reasons, including but not limited to employment, insurance or government licenses, and court ordered, forensic, or custodial evaluations.
8. Court ordered treatment or hospitalizations.
9. Infertility drugs, surgical or medical treatment programs for infertility, including artificial insemination, in vitro fertilization, gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT), variations of these procedures. Cryopreservation of donor sperm and eggs are also excluded from coverage.
10. Any services, supplies, medications or drugs for the treatment of male or female sexual dysfunction.
11. Medical and hospital care and costs for the child of a Dependent, unless this infant child is otherwise eligible under the plan.
12. Therapy or treatment intended primarily to improve or maintain general physical condition or for the purpose of enhancing job, school, athletic or recreational performance.
13. Consumable medical supplies other than ostomy supplies and urinary catheters.
14. Private hospital rooms and/or private duty nursing except as provided under the Home Health Services provision.
15. Artificial aids, including but not limited to hearing aids, semi-implantable hearing devices, audiant bone conductors, bone anchored hearing aids, corrective orthopedic shoes, arch supports, elastic stockings, garter belts, corsets, dentures and wigs.
16. Eyeglass lenses and frames and contact lenses (except for the first pair of contact lenses for treatment of keratoconus or postcataract surgery).
17. Routine refraction, eye exercises and surgical treatment for the correction of a refractive error, including radial keratotomy.
18. Non-prescription drugs and investigational and experimental drugs, except as provided in the plan.

Benefit Exclusions (continued)

19. Routine foot care, however, services associated with foot care for diabetes and peripheral vascular disease are covered when medically necessary.
20. Genetic screening or pre-implantation genetic screening.
21. Fees associated with the collection or donation of blood or blood products.
22. Cost of biologicals that are immunizations or medications for the purpose of travel, or to protect against occupational hazards and risks.
23. All nutritional supplements and formulae are excluded, except infant formula needed for the treatment of inborn errors of metabolism.
24. Services for or in connection with an injury or illness arising out of, or in the course of, any employment for wage or profit.
25. Expenses incurred for medical treatment when payment is denied by the primary plan because treatment was not received from a participating provider of the primary plan.
26. The following services are excluded from coverage regardless of clinical indications: Massage Therapy; Cosmetic Surgery and Therapies; Macromastia or Gynecomastia Surgeries; Surgical Treatment of Varicose Veins; Abdominoplasty/Panniculectomy; Rhinoplasty; Blepharoplasty; Redundant Skin Surgery; Removal of Skin Tags; Acupressure; Craniosacral/cranial therapy; Dance Therapy, Movement Therapy; Applied Kinesiology; Rolfing; Prolotherapy; Transsexual Surgery; Non-medical counseling or ancillary services; Assistance in the activities of daily living; Cosmetics; Personal or Comfort Items; Dietary Supplements; Health and Beauty Aids; Aids or devices that assist with non-verbal communications; Treatment by Acupuncture; Dental implants for any condition; Telephone Consultations; E-mail & Internet Consultations; Telemedicine; Health Club Membership fees; Weight Loss Program fees; Smoking Cessation Program fees; Reversal of male and female voluntary sterilization procedures; and Extracorporeal Shock Wave Lithotripsy for musculoskeletal and orthopedic conditions.

These Are Only the Highlights

As you can see, the plan is designed to combine in-depth coverage with cost-effective prices. This summary contains highlights only and is subject to change. The specific terms of coverage, exclusions and limitations including legislated benefits are contained in the Summary Plan Description or Insurance Certificate. This plan is insured and/or administered by Connecticut General Life Insurance Company, a CIGNA Company.

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